



My reflection

1. Which of the eight essential skills do you identify as your strengths? (pick three)

- | | | | |
|------------------------------------|--|---|--------------------------------------|
| <input type="checkbox"/> Teamwork | <input type="checkbox"/> Speaking | <input type="checkbox"/> Creativity | <input type="checkbox"/> Aiming high |
| <input type="checkbox"/> Listening | <input type="checkbox"/> Problem-solving | <input type="checkbox"/> Staying positive | <input type="checkbox"/> Leadership |

2. Which of the eight essential skills would you like to develop? (pick three)

- | | | | |
|------------------------------------|--|---|--------------------------------------|
| <input type="checkbox"/> Teamwork | <input type="checkbox"/> Speaking | <input type="checkbox"/> Creativity | <input type="checkbox"/> Aiming high |
| <input type="checkbox"/> Listening | <input type="checkbox"/> Problem-solving | <input type="checkbox"/> Staying positive | <input type="checkbox"/> Leadership |

3. Identify one way (for each) you can improve those essential skills identified in Question 2?

4. Identify three things you can do to actively seek work experience?

5. Identify three subjects you think could help you in your career? (please explain why)

6. Identify three actions you will do as a result of today's lesson? (e.g. look into apprenticeships)



For more information,
please visit amey.co.uk/inspire

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