



The Duke of Edinburgh's Gold Business Award

Go the extra mile; gain new skills, push yourself physically, help others and explore new places. Gain friendships, experiences and memories that will last a lifetime - and have lots of fun too!

The award is run over an 18-month period and there are five modules and an awards presentation included. Visit **amey.co.uk/dofe** for more information.



Residential 5 - 9 Sept 2022

- Meet your new team
- Introduction to Dof
- Outdoor teambuilding exercises
- Expedition Training
- Learn eDofE (online platform)
- Understand the modules
- Fun, engaging activities



Business Skills 6 months

- 1 hour a week or 4 hours a month
- Increase and develop your essential skills
- Complete your self assessment against the essential skills at the Residential
- People Manager to arrange tasks. activities (in line with your job role) to help develop those skills



Volunteering 12 months

- 1 hour a week or 4 hours a month
- What are you passionate about?
 How can you make a difference?
- Become a Charity Champion, support your local community or help improve our environmental goals
- 12-month goal to be set at the Residential.



Physical 18 months

- 1 hour a week or 4 hours a month
- Choose a physical activity or sport you already do
- Learn a new team, individual or extreme sport and challenge yourself
- Increase your fitness levels to get vourself ready for the Expedition
- 18-month goal set your yourself a personal goal.



Practice Expedition 5 - 9 June 2023 **Expedition** 24 - 28 July 2023

- Self-sufficient hike in wild country
- Your map skills will be tested
- Experiences you will never forget!
- The Expedition is what you're working towards



Gold Award Presentation date tho

- You'll be presented with your Gold Award by a member of the Royal Family at one of the Royal Palaces in London or Edinburgh
- A way to celebrate your fantastic achievement
- Attended by senior members of Amey and celebrities.